

## Truth Techniques IV

This month's review is of Truth Techniques IV: Clearing Physical Issues. Truth Techniques IV is a manual and CD, designed to teach you how to use the Truth Techniques procedure to identify energetic blocks and disturbance in your body's energy field. You can then test to see which Quantum Techniques Universal Codes will be most helpful to promote rapid self-healing. There are fifty-six universal codes in the manual for healing physical conditions, ranging from acne to insomnia to x-ray exposure. The CD contains additional information on many of the disorders, with detailed information on how to test and other areas to consider when working with certain issues. For example, you will learn that most people who have acne also have food toxicity issues, involving wheat, gluten grains and cow's milk. You will also learn that you need to test the liver, steroids and hormones for a more complete scan of the problem.

The purpose of Truth Techniques IV is to educate, release stress and balance the body's energy field so that the body's natural ability to heal physical issues will be maximized. Along with Truth Techniques I, II and III, it completes the set and truly becomes an "Energy First-Aid Kit." As with all Quantum Techniques products, there is a 30-day, no questions asked return policy.

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