



# Quantum Techniques® Teleclinic Guide

## Jody's Story: Healing Infertility, Testing Babies and Children: Part 1

**Introduction:** Dr. Stephen Daniel interviews QT Practitioner Jody King-Colegrove about her healing story & dealing with infertility, testing babies, & children.

**Hosted by:** [Jody King-Colegrove](#) and [Dr. Stephen Daniel](#)

**Recorded:** Tuesday, May 18<sup>th</sup>, 2010

**Teleclinic Guide:**

### Discussion Points:

1. How did Jody get into alternative medicine & Quantum Techniques?
2. Dealing with infertility & the emotions involved.
3. Other ways Quantum Techniques has helped Jody heal.
4. How Jody used Quantum Techniques as a new mom.



### Great books

- ❖ Taking Charge of your Fertility by Toni Weschler
  - Chart on how to take your Basal Body Temperature
- ❖ Women's Bodies, Women's Wisdom by Christiane Northrup
  - Get to know & accept the women you are
- ❖ The Pathway by Laurel Mellin
  - How to feel your feelings so you don't have external solutions that are not healthy for you
- ❖ The Zone Diet by Barry Sears
  - How to eat a balance of protein, carbohydrates, & fat

### Insomnia - Chinese Clock

- 🕒 1 - 3 am = Liver (anger)
- 🕒 3 - 5 am = Lung (grief)
- 🕒 5 - 7 am = Large intestine



- ⌚ 7 - 9 am = Stomach
- ⌚ 9 - 11 am = Spleen (sympathy, worry, over thinking)
- ⌚ 11 am - 1 pm = Heart (over joy, sadness)
- ⌚ 1 - 3 pm = Small intestine
- ⌚ 3 - 5 pm = Bladder
- ⌚ 5 - 7 pm = Pericardium (over joy, sadness)
- ⌚ 9 - 11 pm = Triple warmer
- ⌚ 11 pm - 1 am = Gall bladder

### Helpful codes:

➤ Bacteria

sh,mf,eb,e,if,e,oe,a,c,9g,g50,sh,if,lf,eb,e,if,eb,if,e,oe,a,c,9g,un,sh,un, standard chakra pattern

➤ Virus

sh,eb,if,sh,if,e,lf,sh,if,e,oe,a,c,9g,g50,sh,if,eb,e,if,eb,e,if,e,or,a,c,9g,un,g50,sh,g50,sh,if,eb,e,if,e,oe,a,c,9g,un,sh,un, standard chakra pattern

➤ Colic

eb,sh,if,e,oe,a,c,9g,if,lf,mf,if,lf,mf,oe,a,c,9g,un,sh,un,standard chakra pattern

➤ Anti Biotic Energy

sh,if,lf,mf,if,oe,a,c,9g,un,sh,un,standard chakra pattern 2x

➤ Breast Feeding

sh,if,lf,mf,oe,a,c,9g,g50,if,oe,a,c,9g,th,if,lf,mf,oe,a,c,9g,eb,sh,if,oe,a,c,9g,eb,e,oe,a,c,9g,eb,sh,if,if,oe,a,c,9g,mf,oe,a,c,9g,mf,oe,a,c,9g,un,sh,un, standard chakra pattern

➤ Neurotransmitters

sh,if,eb,sh,if,eb,if,eb,if,mf,if,oe,a,c,9g,un,sh,un,standard chakra pattern

➤ Insomnia

sh,sh,g50,if,mf,lf,sh,if,lf,oe,lf,g50,sh,if,oe,forehead,tailbone,heart,a,c,9g,sh,mf,g15,eb,mf,sh,if,g15,eb,sh,if,e,oe,lf,sh,eb,if,oe,a,c,9g,sh,if,th,sh,oe,lf,a,c,g30,eb,if,lf,e,9g

